

For effective, refreshing and convenient  
alkalisation of urine prescribe...

# effercitrate tablets

Potassium citrate, citric acid



dissolve – drink – alkalis



Lemon & lime flavoured potassium citrate & citric acid effervescent tablets, for the symptoms of cystitis

[www.cambridge-healthcare.co.uk](http://www.cambridge-healthcare.co.uk)

Caution should be observed in patients with kidney disease, heart disease or hypertension. Please see reverse for prescribing information.

1EFF12/1909c

# Abridged Prescribing Information



**Presentation** White circular, flat effervescent tablets containing potassium bicarbonate and citric acid. When dissolved in water, the solution will contain the equivalent of 1.5g potassium citrate and 0.25g citric acid.

**Uses** For the treatment of cystitis, symptoms of cystitis and as an initial therapy in mild symptomatic cystitis prior to an MSU result. Confirmed bacterial infections should then be treated with an appropriate course of an antibacterial agent.

**Dosage and Administration** Adults and Children over 6 years: Two tablets to be dissolved in a glass of water up to three times daily. Children under 6 years: Not recommended. Elderly: As adult dose. Sufficient should be given to render and maintain the urine alkaline.

**Contraindications** Contraindicated in hyperkalaemia from any cause, renal dysfunction particularly with oliguria, ventricular arrhythmias, untreated Addison's disease and acute dehydration.

Contraindicated in known hypersensitivity to potassium citrate, citric acid or any of the other ingredients.

**Special Warnings and Precautions for Use** Caution should be observed in patients with

kidney disease, hypertension or heart disease. Use with caution in elderly patients as potassium excretion is reduced increasing the risk of hyperkalaemia. If symptoms persist or worsen, patients should seek medical advice.

**Interactions with other medicinal products** Potassium salts should not be co-administered with other potassium containing medicines, potassium sparing diuretics, aldosterone antagonists or other medicines that increase potassium levels such as angiotensin-II receptor antagonists, ACE inhibitors, aliskiren, cyclosporine and tacrolimus.

The activity of cardiac glycosides is to some extent dependent upon serum potassium levels, therefore, there is a possible interaction and caution is advised.

In patients with acidosis, the acid-base balance should be monitored.

In patients with hypertension, correction of hypokalaemia may lower blood pressure.

Citrates alkalise the urine and thus may alter the urinary excretion of a number of drugs such as salicylates, tetracyclines and barbiturates, and may also prolong the half-life of basic drugs such as sympathomimetics and stimulants.

The anti-bacterial activity of nitrofurantoin and methenamine is diminished.

**Side Effects** Gastric irritation may occur. The tablets should always be well diluted with water. Gastric effects may be minimised by taking with, or after meals.

**Pregnancy and Lactation** Patients should consult a doctor before taking Effercitrate in pregnancy or lactation.

**Legal Category** GSL

**NHS Price** £3.98

**Marketing Authorisation Number**  
PL 16794/0009

**Marketing Authorisation Holder**  
Cambridge Healthcare Supplies Limited, Unit 1  
Chestnut Drive, Wymondham, Norfolk, NR18  
9SB, UK.

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Full Prescribing Information is available from Cambridge Healthcare Supplies Limited, Unit 1 Chestnut Drive, Wymondham, Norfolk NR18 9SB.

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). Adverse events should also be reported to Cambridge Healthcare Supplies Ltd.